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INTERNATIONAL CONGRESS 2023

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"On the shoulders of Still and looking beyond...", contemporary issues:

The contribution of science to the validation of practices and teaching of osteopathy.

ESPACE VANEL·TOULOUSE 29 & 30 september 2023





Réseau Franc'Ostéo





CONTENTS





You are invited to attend the conference "On the shoulders of Still and looking beyond: contemporary issues-The contribution of science to the validation of practices and teaching of osteopathy» which will take place on 29 and 30 September at the Espace Vanel in Toulouse.

This congress is jointly organised by the Institut de Recherche Franc'Ostéo (IRFO), the Réseau Franc'Ostéo (RFO) and the Institut Toulousain d'Ostéopathie (ITO). It will bring together international researchers, academics from the world of teaching, biological, medical and movement sciences, osteopathic teachers and practitioners.

Osteopathy was born at the end of the 19th century in the United States and has since developed throughout the world, and in France since the second half of the 20th century. Training in osteopathy is strictly regulated in France. Since 2015, it has consisted of a 5 year curriculum, comprising almost 5000 hours, including 1500 hours of clinical practice.

As a direct access therapy, osteopathy is now classified as a complementary medicine, or non-pharmacological intervention. It consists of an exclusively manual, systemic practice, aiming to identify and treat mobility restrictions of all body tissues to facilitate optimal physiology. Therefore, osteopathic treatment will not be based on a symptom, but on the osteopathic diagnosis specific to each patient.

For this reason, the validation of osteopathic practices often comes up against the methodologies of evidence-based medicine (EBM), since an osteopathic treatment cannot be standardised in a protocol for a given symptom or condition. It depends on a visual, manual and palpatory diagnosis, reproducible with experience, but hard to objectify.

However, increasingly efficient technology now provides us with handy, transportable, non-invasive assessment tools to objectify tissue changes in vivo. One of the objectives of this congress is to highlight the use of these tools during practical workshops, to promote them amongst professionals and teachers.

The two other objectives of this congress are closely related: to take stock of research in osteopathy as an integrative medicine, and its structuration in France and beyond; but also to reflect on the teaching methods adapted to a systemic practice, including a fine palpatory education, and a precise gesture, without forgetting fundamental knowledge in health sciences and medical semiology. During these two days, we will present the work of the researchers of the Institut de Recherche Franc'Ostéo (IRFO), around two axes: clinical, on the one hand, and human and social sciences (HSS), on the other (epistemology, teaching), but also of other renowned researchers in these fields.

We will also be honoured to welcome a team brought together by the University of Sydney, as part of the Australian Research Centre of Complementary and Integrative Medicine (ARCCIM), who will be presenting a unique international collaborative project for osteopathic research.

That is why the key words of this congress, besides Osteopathy, will be Sciences, Research, Technology, Education, Complementary and Integrative Medicine.



Pr Laurence Durat

Martin Garet, PhD

Loïc Treffel, PhD, DO

Franck Garnier, PhD, DO

Pierre-Luc L'Hermite, PhD, DO

Odile Laviole, PhD,

Alexandre Borwin, PhD candidate, DO

Nicolas Bricot, Msc, DO



Prof. Jon Adams, Head of Research, University of Technology (UTS), Faculty of Health, Director of the Australian Research Centre of Complementary and Integrative Medicine (ARCCIM), Sydney, Australia;

Imane Aguti, PhD Clinical Research Project Manager. AP-HM, Marseille (France);

Claire Berger, MD, Oncopediatrics and Haematology, CHU St Etienne (France);

Alexandre Borwin, Msc, PhD candidate, DO, EOP, IRFO (France);

Nicolas Bricot, Msc, DO, COP Aix-Marseille, IRFO (France);

Fabien Capelli, PhD, Grenoble (France);

Francesco Cerritelli, PhD. DO. President COME collaboration, Pescara, (Italy);

Jerry Draper-Rodi, DProf(Ost), PG Dip, DO; Director of NCOR and Principal Investigator at UCO (UK); **Denis Ducommun**, MKDE, posturologist;

Laurence Durat, PU, University of Haute Alsace, President of the Scientific Council of the IRFO (France); **Ana Paula A. Ferreira**, PhD. DO. Instituto Brasileiro de Osteopatia IBO, Rio de Janeiro, (Brasil), Former President of the Osteopathic International Alliance (OIA);

Jack Feehan, PhD. DO. Senior Research Fellow, Institute for Health and Sport, Victoria University, Melbourne, Australia;

Michael Fleischmann, PhD. Candidate. DO. Lecturer, Rehabilitation Sciences. RMIT University, Melbourne, (Australia);

Marco Gabutti, Ing, DO;

Martin Garet, IRFO, CIDO, Lab. Sainbiose INSERM U1059 - CHU Saint-Etienne, UJM (France);

Franck Garnier, PhD, DO, University of Haute Alsace, COS, IRFO (France);

Isabelle Gilbert, Msc, DO, Sherbrook, (Canada);

Jean-Pierre Guillaume, MD, DO, Director Holistea (France-Germany);

Erwan Jacquot, Msc, PhD student, DO, CIDO, IRFO, St Etienne, (France);

Sabrina Kepka, DM, Emergency Medicine, Strasbourg (France);

Kesava Kovanur Sampath, PhD. M.Ost. Lecturer, Waikato Institute of Technology, Hamilton, New Zealand; **Pierre-Luc L'Hermite**, PhD, DO, ITO, IRFO, Toulouse, (France);

Cindy McIntyre, DProf Ost. Director of Osteopathy Letchworth, Hon Research Fellow UCO (UK);

Gopi Anne McLeod, PhD. DO. President of the Australasian Osteopathic Accreditation Council, Sydney, (Australia);

Mathieu Ménard, PhD, DO,

Chantal Morin, Erg. Osteopath. PhD. Assistant Professor, Ecole de réadaptation, Faculté de médecine et des sciences de la santé, Université de Sherbrooke, (Canada);

Lee Muddle, PhD. Candidate, M.Ost. RMIT University. NDIA, Geelong, Australia;

Stéphane Renaudo, Msc, DO, ITO, IRFO, Toulouse (France);

Robert Schleip, PhD, University of Ulm (Germany);

Niklas Sinderholm Sposato, PhD Candidate. M.Ost. Sahlgrenska Academy. Gothenburg University, (Sweden);

Amie Steel, PhD. Research Director, University of Technology Sydney (UTS), Faculty of Health, ARCCIM, Sydney, Australia;

Oliver Thomson, PhD. DO. Associate Professor, University College of Osteopathy, University of Brighton, London, (UK);

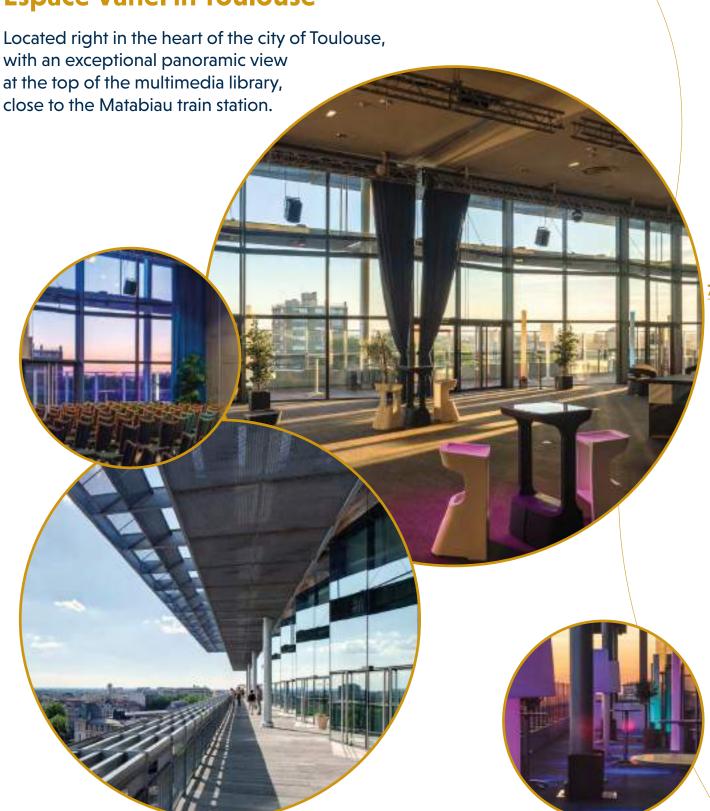
Loïc Treffel, PhD sciences, DO, IRFO, ITO, Toulouse (France);

Nicholas Tripodi, M.Hlth.Sc. DO. PhD. Candidate, Victoria University, Melbourne, (Australia);

Brett Vaughan, PhD. DO. Department of Medical Education, Faculty of Medicine, Dentistry & Health Sciences, University of Melbourne, (Australia);

Soazig Villerbu, PU, Limoges (France).

Espace Vanel in Toulouse





DAY 1: Friday 29 September 2023

8h30

9h00

9h15 - 10h15 am

10h15 - 10h45

10h45 - 12h00

12h00 - 13h00

14h30-15h30 pm (concurrently)

13h - 14h30 Lunch break

Welcoming participants

Congress opening address

Clairette Martin, DO, Msc, President of IRFO, Director of ITO and RFO, Toulouse, (France).

Conference 1

Francesco Cerritelli, PhD. DO. President COME collaboration, Pescara, (Italy): «Specific and non specific effects in the course of an osteopathic intervention».

Break/Poster session/Stands

Presentations

- Sabrina Kepka Garnier, MD, emergency medicine, Strasbourg (France):
 «A methodological innovation to assess osteopathic practices: the case of an econometric study in obstetrics».
- Imane Agouti, PhD clinical research project manager. AP-HM, Marseille (France):
 «Contribution of osteopathy to patients with sickle cell disease related chronic pain (OSTEODREP)».
- Claire Berger, MD, oncopaediatrics and haematology, CHU St Etienne (France):
 «Evaluation of the Autonomous Nervous System in the case of oncopaediatrics follow-up: effects and interest of complementary osteopathic support».

Conference 2

Jean-Pierre Guillaume, MD, DO, Director of Holistea, Paris (France): «Osteopathic medicine: evolution and revolution of concepts».

Practical workshops 1: Assessment tools

(training initiative susceptible of being covered by the FIF PL)

- Use of myoton and echoscopy in research and practice: Loïc Treffel, PhD, DO, IRFO, ITO, Toulouse, (France);
- Evaluation of the Autonomic Nervous System, heart rate variability and beyond:
 Martin Garet, PhD, IRFO, CIDO, Lab. Sainbiose INSERM U1059 CHU Saint Etienne,
 UJM, (France);
- SMART measures innovative tools for the practitioner, an IRFO / ENSEEIHT collaboration The use of stabilometry and CKR in research and practice: Denis Ducommun, MKDE, ITO, IRFO, (France).

Roundtable 1:

- · Topic «Validating osteopathic medicine; which implementable methodologies?
- **Moderator:** Erwann Jacquot, Msc, PhD candidate, DO, IRFO, CIDO, Saint Etienne (France).
- Participants: Imane Agouti, MD; Claire Berger, MD; Francesco Cerritelli, PhD, DO; Jean-Pierre Guillaume, MD, DO; Sabrina Kepka, MD, PhD, DO.

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16h00 - 16h30

16h30 - 18h00

Break/Poster session/stands

Presentations

Prof. Jon Adams, Head of Research, University of Technology (UTS), Faculty of Health, Head of the 'Australian Research Center of Complementary and Integrative Medicine (ARCCIM), Sydney, Australia: « Introducing the Strategic Osteopathy Leadership and Research Program (SOLAR): Growing international collaboration and capacity »

Roundtable 2

- **Topic:** « Growing research in osteopathy: International perspectives and experiences from the SOLAR program ».
- Moderator: Loïc Treffel, PhD, DO, ITO, IRFO, ARCCIM, Toulouse (France);
- Participants: SOLAR Team, Sydney (Australia).
- Prof. Jon Adams, Head of Research, University of Technology (UTS), Faculty of Health, Head of the 'Australian Research Center of Complementary and Integrative Medicine (ARCCIM), Sydney (Australia).
- Amie Steel. PhD. Head of Research, University of Technology Sydney (UTS), Faculty of Health, ARCCIM, Sydney, (Australia).
- Jerry Draper-Rodi, DProf(Ost), PG Dip, DO; Director of NCOR and Senior Research Fellow at UCO (UK)
- Ana Paula A. Ferreira, PhD. DO. Instituto Brasileiro de Osteopatia IBO, Rio de Janeiro, (Brasil), Former President of the Osteopathic International Alliance (OIA).
- Michael Fleischmann, PhD. Candidate. DO. Lecturer, Rehabilitation Sciences. RMIT University, Melbourne, (Australia).
- Chantal Morin, Erg. DO. PhD. Assistant Professor, Rehabilitation School, Faculty of Medicine and Health Sciences, University of Sherbrooke, (Canada).
- Cindy McIntyre, DProf Ost. Director of Osteopathy Letchworth, Hon Research Fellow UCO (UK).
- Jack Feehan, PhD. DO. Senior Research Fellow, Institute for Health and Sport, Victoria University, Melbourne, (Australia).
- Brett Vaughan, PhD. DO. Department of Medical Education, Faculty of Medicine, Dentistry & Health Sciences, Université de Melbourne, (Australia).
- Gopi Anne McLeod, PhD. DO. President of the Australasian Osteopathic Accreditation Council, Sydney, (Australia).
- Kesava Kovanur Sampath, PhD. M.Ost. Lecturer, Waikato Institute of Technology, Hamilton, (New Zealand).
- Lee Muddle, PhD. Candidate, M.Ost. RMIT University. NDIA, Geelong, (Australia).
- Nicholas Tripodi, M.Hlth.Sc. DO. PhD. Candidate, Victoria University, Melbourne, (Australia).
- Oliver Thomson, PhD. DO. Associate professor, University College of Osteopathy, University of Brighton, London, (UK).
- Francesco Cerritelli, PhD. DO. President COME collaboration, Pescara, (Italy).
- Niklas Sinderholm Sposato. PhD Candidate. M.Ost. Sahlgrenska Academy. Gothenburg University, (Sweden).

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DAY 2 : Saturday 30 September 2023

8h30

9h00 - 10h30

10h30 - 11h15 am

11h15 - 12h15

Welcoming participants

Presentations

- Pierre-Luc L'Hermite, PhD, DO, ITO, IRFO, Toulouse (France): «The concept of evidence in medicine».
- Fabien Capelli, PhD, GREX certified instructor, PSInstitut, associated with LISEC (France) and Franck Garnier, PhD, DO, IRFO, COS, Strasbourg (France):
 «Understanding the osteopathic profession through the activities of novices, experts and patients».
- Alexandre Borwin, Msc, PhD candidate, DO, IRFO, EOP, Paris (France): «Learning and professionalization of osteopaths».

Break/poster sessions/stands

Conference 3

Isabelle Gilbert, Msc, DO, Montreal (Canada): «Measurement and objectivation of tissue change»

12h15 - 14h15 Lunch break

14h15-15h15 pm (concurrently)

Practical workshops 2: Assessment tools

(training initiative susceptible of being covered by the FIF PL)

- Use of myoton and echoscopy in research and practice:
 Loïc Treffel, PhD, DO, IRFO, ITO, Toulouse, (France);
- Evaluation of the Autonomic Nervous System, heart rate variability and beyond:
 Martin Garet, PhD, IRFO, CIDO, Lab. Sainbiose INSERM U1059 CHU Saint Etienne, UJM, (France);
- SMART measures innovative tools for the practitioner, an IRFO/ENSEEIHT collaboration The use of stabilometry and CKR in research and practice: *Denis Ducommun, MKDE, ITO, IRFO, (France).*

Roundtable 3:

- **Topic:** «Perspectives and evolutions of osteopathic training. How to teach clinical reasoning?»
- **Moderator:** Pr Laurence Durat, PU, University of Haute Alsace, President of the Scientific Council of the IRFO, Strasbourg, (France).
- Participants: Franck Garnier, PhD, DO, COS, IRFO, Strasbourg, (France); Stéphane Renaudo, Msc, ITO, Toulouse, (France); Alexandre Borwin, Msc, PhD candidate, EOP, IRFO, Paris (France); Erwann Jacquot, Msc, PhD candidate, CIDO, IRFO, St Etienne, (France).

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15h15 - 16h00

Roundtable 4

- Topic: «From tradition to modernity»
- Moderator: Pierre-Luc L'Hermite, DO, IRFO, ITO, Toulouse, (France).
- Participants:
- Marco Gabutti, Ind. engineer, DO, (France)
- Pr Soazig Villerbu, PU, University of Limoges (France)
- Victor Lopez, Msc History, DO.

16h00 - 16h30

Break/posters sessions/stands

16h30 - 17h30

Conference 4

Robert Schleip, PhD, University of Ulm (Germany): «Sensory aspects of the fascia organ: the social, relational and emotional component of the body in motion».

17h30 - 18h00

Synthesis and closing

Pr Laurence Durat, PU, Strasbourg (France), President of the Scientific Council of the IRFO





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This international congress in the city of Toulouse is placed under the sign of research, and innovative, non-invasive and easy-to-use technology for osteopaths in practice to evaluate the impact of osteopathy on the body. It will attract professionals interested in these topics, who will have the opportunity to become familiar with these tools during the workshops.

Whether you represent a publishing house, a manufacturer or a distributor of equipment or services useful to osteopaths, this sponsorship offer is intended for you to highlight your products, your services and your involvement in this field.

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- Stand in the hall of the Espace Vanel
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- Free registration for one person to the congress
- Free entry to the gala dinner or 29 September

ADDITIONAL OPTION

€500 EXCL. TAX - €600 INCL. TAX

• placement of an advertising insert (1/2 page) in the congress proceedings (special digital issue of the Revue de l'Ostéopathie)

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